

THE SCHOOL OF THE WISDOM

Heart of the Indian Spiritual Teachings

From the Rig Veda to the Yoga Sutras

18 TO 29 JANUARY 2027

In this course we will explore the heart of the Indian spiritual teachings, based on some profound and frequently quoted remarks of the great sages in the classical spiritual texts. We will begin with several important remarks in the Rig Veda, which is the oldest text in any Indo-European language. We will then explore several significant remarks in the Upanishads, which are the spiritual and philosophical heart of the Vedic tradition. Then we will move on to the Bhagavad Gita which is likely the single most important text to emerge from the vast spiritual traditions of India. We will delve into some of the teachings presented in this text by the God-incarnate Krishna. We will complete our exploration with some remarks in the Yoga Sutras, a classical spiritual text for undertaking the journey of self-transformation. This will be a journey into the Heart of the Indian Spiritual Tradition.

With:

**Prof. Emeritus
Ravi Ravindra**

Prof. Emeritus Ravi Ravindra is a life member of the Theosophical Society. He has taught many courses in the School of the Wisdom in Adyar and in the Krotona School of Theosophy in Ojai, California. He is Professor Emeritus at Dalhousie University, Halifax, Canada, where he had taught in three departments-- Physics, Philosophy and Comparative Religion.

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