

# THE SCHOOL OF THE WISDOM

## Buddha and His Dhamma

with Hrishikesh Sharan



This program offers an enriching exploration into the life, teachings, and enduring legacy of the Buddha. It begins with an introduction to the 28 Buddhas and the conditions necessary for the appearance of a Buddha on earth, followed by a study of the life and message of the Buddha, drawing from *The Light of Asia* and other sources. Participants will engage with important suttas recited daily at the Bodhgaya Temple, including the Mangal, Rattan, Karaniya Metta, Jai Mangala, and Maha Jaya Mangala Suttas.

11 TO 22  
OCTOBER 2027

The course will also cover the First Sermon of the Buddha and the profound theory of Dependent Origination, along with selected verses from the *Dhammapada*. In addition, sessions will include meditation and mindfulness practices at the Buddhist temple, complemented by inspiring Jataka stories that illuminate the path of wisdom and compassion.

**Hrishikesh Sharan** holds a Postgraduate Degree in Physics from Patna University and joined the Indian Revenue Service in 1975. He later earned an LLB and a Postgraduate Diploma in Operational Research. A dedicated scholar of Buddhist teachings for over 37 years, he has translated and edited multiple works, including *The Light of Asia*, *Dhammapada: Gatha & Katha*, and *Mantras of Mathematics*. A member of the Theosophical Society, he has lectured widely on Buddhism, holistic management, and mathematics, both in India and abroad. In 1994, he led the Kailash Mansarovar Yatra as a Liaison Officer. Mr Sharan is a forceful motivational speaker and his Mantra is "By Doing Extra, Ordinary People Start Becoming Extra-Ordinary".

**AT ADYAR CAMPUS**

Blavatsky Bungalow  
The Theosophical Society  
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For members of The Theosophical Society