

THE SCHOOL OF THE WISDOM

Theosophy as a Journey of SELF Discovery

ONLINE

MAY 2026

Monday, Wednesday & Friday
18, 20, 22, 25, 27 & 29

19:00 New Zealand / 7:00 GMT

With

John

Vorstermans

Together, we will explore the meaning of self-discovery, learning to connect with our true hidden-Self and better understand the various approaches possible through tools and important keys found in theosophy; the divine wisdom.

Our aim is for each participant to come away from these sessions with a clearer insight into how they can reconnect at a soul level and become conscious within the spiritual soul through the individual practices that we each set for ourselves. Each human journey is unique; however, the goal for us all is the same; to awaken.

We will also discuss some of the foundations of spiritual practice that are needed as preparation work for such living. In each session, we will review various tools and explore how they might be helpful in our own awakening practice. Each of us can choose which pathway we wish to work with, as different approaches will suit different temperaments, and as a result, we will come away with an outline of a suitable personal practice for oneself.

Even if we already have a practice, these sessions can help us see more deeply into that practice and inspire us to go even deeper on this journey from the mind to the heart.

John Vostermans has been a member of the Theosophical Society in New Zealand for over 40 years, serving as: National President, National Speaker, Governance Board member and Indo-Pacific Federation President. John is a trained Ayurvedic Practitioner with a passion for herbal medicine as a way to stay in balance. John is also an Internet Consultant and Co-founder of Actrix Networks and Fellow of InternetNZ. John has a deep interest in the ageless wisdom tradition and, over recent times, has focused on transformative processes that help people to understand themselves and create change in their lives.

