# International Gathering of Young Theosophists

22 to 27 June 2024

Theosophical Study Centre, Bhowali India



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#### Dedication

To all members of the Theosophical Society, particularly to all young theosophists scattered in all corners of the globe.

May this gathering serve as inspiration of the potentials and possibilities that the youth movement can bring for the future of the TS.

#### **Contact of the WFYT:**

If you are a member of the TS Adyar 40 years old or younger, and want to be informed about the Federation, and/or get actively involved, please write to <a href="mailto:info.wfyt@gmail.com">info.wfyt@gmail.com</a>
You are welcome to participate!

#### Mission of the WFYT:

To inspire a community of seekers on the quest of life

#### Mission of the Theosophical Society:

To serve humanity by cultivating an ever-deepening understanding and realization of the Ageless Wisdom, spiritual self-transformation, and the unity of all life.

## Message from the Organizing Committee

Catalina Isaza Cantor Sara Ortega

From 22 to 27 June 2024 an International Gathering of Young Theosophists under the theme "The Flame of Theosophy: Revisiting the Fundamentals" took place at the theosophical study center of Bhowali (India). This time our guest speaker was Shikhar Agnihotri who gave a seminar based on several basic theosophical teachings such as the planes of existence, vehicles of consciousness, reincarnation, life after death, karma, dharma, thought power, dreams, meditation. All these topics were covered in an orderly, rigorous and enjoyable way. The program activities included youth workshops, chanting, playing games, meditations, discussions, silence and lots of interaction and sharing moments. Through lectures and personal stories, participants gained a profound sense of understanding and inquiry, together with an open heart and mind, as the bond of a growing community was taking place.

A total of 26 participants attended from 11 countries: Australia, Colombia, Estonia, India, Italy, Mexico, Netherlands, Philippines, Singapore, Spain, and Switzerland.

This gathering was possible thanks to the cooperation of Mr Narayana, director of the Bhowali Center. Thanks to Mr Ganga who coordinated all the necessary logistics onsite, to Vinaud and Kapil who looked that everything was in order and ready. Thanks to Sushma, our cook during these days who kindly was attentive to our needs and preferences regarding food!

Much gratitude to Shikhar who generously shared a great deal in the most appealing way, enabling to comprehend even the most abstract ideas and those most difficult to grap!



Group photo of participants with Shikhar Agnihotri

## Testimonials from participants

Young participants kindly shared their impressions so that our readers may have a glimpse of what was experienced through their memories and perceptions



Jaryl Lim Singapore

I had the privilege of attending the 'Flame of Theosophy' gathering of WFYT, facilitated by the insightful Shikhar, at the breathtaking Himalayan

Study Centre in Bhowali, India. This experience was truly transformative, and I feel grateful to have shared it with like-minded individuals from around the world.

What struck me most was the diversity of our group - friends came from far-flung corners of the globe, including Mexico, Spain, Italy, Netherlands, India, Philippines and Singapore, just to name a few. Yet, despite our cultural and geographical differences, there was a felt sense of connection from the first day for me knowing that we all shared a singular pursuit of Truth above all else, and were united in our quest for spiritual growth and understanding.

One of the highlights for me was the half-day silent retreat towards the end of the gathering, where we communed in stillness among peers who understood the profound value of silence. The stunning Himalayan study centre, nestled amidst a blend of majestic hills and Indian civilisation, offered a perfect setting for introspection and to reflect on the vast material that Shikhar, Catalina, Merike and the other facilitators had shared with us during the first few days.

During the gathering, I experienced a peace that I had never felt before in my life. It was as if something deep within me had finally found a glimpse of belonging and tranquility that it had been searching all these years - almost like a return to home. My continuing challenge now is to retain that sense of peace as I assimilate back to daily living in Singapore.

I am deeply thankful to Shikhar and the entire team for creating such a safe and sacred space for us to explore our inner worlds and be in communion with other youth theosophists on such a profound level. If you ever have the opportunity to attend a WFYT gathering, I wholeheartedly encourage you to embrace the experience, keep a radically open mind, and then let go: let the gathering guide you to exactly where you need to be.



Suzanna Marazza

Switzerland

Attending my first Youth Gathering was a delightful experience. I enjoyed being among people from diverse corners of the world, each with their own path and

ambitions in daily life, but all sharing the same mindset and striving for a balance between ego and Ego.

The atmosphere was very pleasant and easygoing, and I felt a strong bond with people I had just met. Being my first time in India, I also appreciated the presence of Indian participants, who allowed me to gain a closer understanding of Indian cultures. Moreover, Shikhar Agnihotri's comprehensive explanations of the fundamentals were impressive, and I enjoyed his calmness, deep knowledge, and approachable presence throughout the gathering.

The energy of the Puja on the first morning, along with the morning meditations, yoga sessions, chants, and the kindness of those around me, transmitted powerful and healing energies to every plane of my being.

I am really looking forward to the next Youth Gathering!



Kaustubh Kambekar

Peace. Tranquillity. Calm.
Oneness. These are just a
few words to describe my
experience from the
International Youth
Gathering of Youth

Theosophists at Bhowali in Jun '24. Most of us participants were from different parts of the world with different cultures. We were meeting for the first time at this conference and yet found that at the core of human essence, with our inquisitive minds searching for higher truths, we aren't so different after all and definitely didn't leave as strangers from that place. Based out of the city that doesn't sleep, Mumbai, I am pretty used to being silent amidst chaos but got a whole new perspective into Meditative enquiry via this conference. The location with its unpredictable and yet pure clean weather and air was like a perfect getaway into the hills away to discover new perspectives on topics that a person like me who is new to Theosophy doesn't even bother to think about in the daily hustle bustle of life. It was a new place and yet felt familiar with all the positive energies surrounding it. Although study sessions on diverse topics like Karma, life after death, dreams etc were a bit too intense for a beginner for me to grasp, the fruitful eased down post group discussions and other sessions on Chanting, meditation and Art made it a truly holistic experience. To anyone who is in two minds whether to make it for the next gathering, I would definitely recommend them to take out time and experience this joy of brotherhood first hand.

#### Merike Martsepp

Estonia

Bhowali Theosophical Center is located in the foothills of the Himalayas, ~1600 m above sea level, where the signals of cars coming down the distant



mountain roads echo in chorus with the chirping of

birds. Interestingly, these voices do very little to disturb the profound peace that has been deposited in this place over a history full of meditative and theosophical activities. Besides the great lectures, workshops and lively discussions, what I remember most was our day of silence together, where we sat under a common blanket on the veranda and watched the clouds descend from the mountain until they embraced us. Considering how hot the days can be in summer in India, this was a beautiful gift from nature, as were the rainstorms that seemed to spoil a visit to a nearby city for some of us, while providing at the same time an even more precious opportunity to continue discussing life's issues and sharing our experiences with each other late into the night.

The visit to Bhowali was not what I had imagined, but on the other hand it was exactly what was needed. I am immensely glad that I had the opportunity to be a part of it, and some of that cloud that has descended is still with me, as are the memories of those benevolent and cheerful companions with whom I had the honor of sharing that time and space. Thank you!

Now that I have already taken part in a couple of different gatherings of both young theosophists and those with a little more experience on the physical level of this life, I know that this kind of closeness and siblingship is possible with different people - it does not depend so much on any particular person, but on the openness of those present and also on the common interest about spiritual issues and self-development. It seems to me that if these elements are present, it is possible to create a real connection, or in other words, heaven on earth.

### Arturo Díaz Carrascal

Spain

It has been an amazing experience, being able to gather with a group of young theosophists who share their beautiful views of the world. The gathering



brought some insights about the nature of perception and the unity of all beings. I hope I can see all the beautiful people again soon.



Smitapragyan Patro India

Attending the Youth gathering at Himalayan TS Study Centre, Bhowali was a transformative experience. The serene atmosphere and the collective energy

of like-minded individuals created a sense of peace and connection that was truly uplifting. The inspiring talks by Bro Shikhar, guided meditations by Merike, Francis, Leo resonated deeply, fostering a profound sense of inner calm and enlightenment. The most beautiful experience was the silence retreat. I felt deeply connected to everyone and the nature. It was a space where I could reflect, grow, and reconnect with my spiritual self, leaving me rejuvenated and inspired.

#### John Derson Herbolario

**Philippines** 

The gathering was very fruitful and rich with learning! As a first-timer to travel out of the country, my experiences were full of wonderful insights and



adventure! Thanks to the resourceful speakers and organizers who did well in conceptualizing and facilitating the event! I am grateful that I gained friends and new acquaintances on my journey! I am looking forward to meeting everyone and other theosophists in the future! Thank you very much!



Sara Gencarelli

Italy

I recently went to Bhowali to attend the gathering of young theosophists and I must say it was an extraordinary experience. The atmosphere of

universal brotherhood I breathed made me feel part

of a large family, united by inner search and spirituality.

The theosophical center proved to be a special place, ideal for introspection and spiritual exploration. In particular, the intensive course on the fundamentals of theosophy led by Shikar was extremely thorough and enlightening. I return with the desire to put into practice all the teachings in my daily life to maintain that red thread of connection with my brothers and sisters.

#### Gaurav Duragkar

India

The lectures by Shikhar on karma, reincarnation, and dreams were incredibly enlightening. He's truly a perfect guide for these topics. Many of you shared



personal stories and insights, which have been invaluable to me. I'm grateful for your openness.

I hope you'll excuse me if I wasn't as social as I could have been. Being my first TS gathering, I found myself contemplative and sometimes overwhelmed by the wealth of knowledge and experiences.

The convention began beautifully with Shikhar's Puja, setting a welcoming and meaningful tone. Chanting Om for 10 minutes with Leo was a powerful and nostalgic moment for me. I really enjoyed Sara's morning yoga exercises, especially the lymphatic tissue activations and her calming Yoga Nidra suggestions. Smita, your sweet chanting of Om Saha Navavatu at the start of each session was lovely and uplifting.

The meditations led by Francis and Catalina were expertly facilitated and deeply moving. The sessions on naturopathy, acupressure, and art workshop by Merike were a perfect balance to the more theoretical discussions, offering a refreshing contrast.

I greatly appreciate the elves mail graciously brought by Tobia and Sara. Reading mine was delightful, and I'm definitely keeping it. Arturo and Yasmin's tarot card readings, as well as Sourabh Guru's astrological chart reading, were insightful for me.

On the final day of our excursion, we had an amazing time visiting the Ghorakhal Mandir, the

temple of bells, relaxing at the serene Aurobindo Ashram, exploring Kainchi Dham, and having fun with the adventure activities at Sattal.

I am highly impressed with the core principles of TS and its commitment to creating a global family where everyone is treated equally. The focus on comparative studies, exploring the hidden mysteries of nature, and realizing the potential within each person is truly inspiring. I love that TS promotes understanding, personal growth, and unity among people.



Leo Ta Australia

This gathering is, perhaps, one of the most challenging trips ever. The night we were supposed to land in New Delhi was the night a dust storm attacked the city,

and we were informed that we had to hover in the sky until the pilots got a signal to land. During this time, we went through several turbulences which shook the plane up and down. And this was also the very moment I thought about life and death and how fragile human beings are.

After half an hour or so hovering in the sky, the plane was running out of fuel, so we had to fly to Jaipur and landed there for fuel supply. Fortunately, after all the hassles, as soon as we reached New Delhi, we got the signal for landing as the storm had been gone.

As it is usually said, every interesting story starts with a bit of unease. From New Delhi, we took a 6-hour train and another 90-minute car drive to reach Bhowali – the nest of TS Himalayan Study Centre. And this is where, I have learnt a few lessons for life!

Words are the most dangerous weapon that can wound one's heart.

Courage is the most important virtue to overcome one's fear.

So, for **speech**, as **J. Krishnamurti** says, "If you see a case of cruelty to a child or an animal, it is your duty to convene. If you see anyone breaking the law of the country, you should inform the authorities. If you are placed in

charge of another person in order to teach him, it may become your duty gently to tell him of his faults. Except in such cases, mind your own business, and learn the virtue of silence."

And for **courage**, **H.P.Blavatsky** says, "Do not be afraid of your difficulties. Do not wish to be in other circumstances than you are. For when you made **the best of an adversity**, it becomes the stepping stone to a splendid opportunity."

#### Sourabh Tiwari

India

Every being is on their own lone journey in the body finding their destined purpose working on it by their unique skill. Soul spirit essence whatever, is



term given in various religions across the planet to inner driver of person instinct intelligence to achieve that purpose.

This one universal purpose is like refracted light which has separated into various colours; paths of each soul to achieve.

The world now only watches and acknowledge the paths and skills different, and has also made many subdivisions of these basic two. This is why we the spirit beings are differentiated on various categories, for running of existence.

BUT when we gather in thesophical meeting; we different bodies do not think of differences, of places, caste, ideology, shapes, we meet as one family, spirits connected to universal purpose Vasudhaev kutumbakam. And treat everybody in group and also surrounding nature animals as are own - the true oneness ...

But connecting spirits to universal purpose requires silver cord, what is said in theosophy,

And that work is done by our teacher, mentors. Like Shikhar ji has done in Bhowali.

No stench of bias or judging, presumption, meanness and many other points of materialistic world which we thrive, were absent in the convention.



Iris Schep
Netherlands

It is such a relief when you meet other humans that are also busy with the 'what else is there' part of life. It is even more joyful when those humans are in the same stage of life, so you

can relate and share the same doubts and troubles.

It was my first time joining the youth gathering and I immediately felt at home. The theme was very well chosen in my opinion. Shikhar has laid an incredibly good foundation for us through his presentations, making the all-encompassing intangible eternal wisdom a little more tangible. When I got home I noticed that the theosophical flame in me has grown a bit bigger. The date for the gathering of next year is already blocked in my agenda.

#### Vighnesh RVS

India

I almost dropped out of this gathering due to work - but thank Tarvu I chose to forget all else and dive in. If nothing else, it was incredibly cathartic to meet



old friends again, spend days on end partaking of Shikhar ji's wonderfully compiled talks - it was like a lovely montage of the collected wisdom of an entire library, whose easy delivery belied the enormous effort of months it took to prepare. One cannot be thankful enough to Shikhar ji, and to Catalina, and Sara – who was effectively running things on half a leg and three quarters of the other.

There were long, meandering musings about Life and Science and Charity and Love and everything in between, on long, equally meandering walks overseeing the lovely Himalayan foothills. Or while snuggled up in blankets on the chilly porch overseeing the valley below. With steaming cups of tea in hand and birdsong filling our ears. There was chowmein, and poori chhole, and Nimbu Masala, and listerine ice creams. There were enthusiastic conversations, equally intense hours

of quiet contemplation and zigzagging pilgrimages across hills and lakes.

It was a meditative gathering of consciousness, from different corners of the world. And a reaffirmation to study more, live better and do good when we go back to our lives at home. I'm glad I made it.

#### Vernie Quijano

Philippines

The experience was different from what I had in mind. I never thought that my expectations were met and it was even better than what I anticipated! I



thought I had already learned about the fundamentals of Theosophy, but I was proved wrong. I was set aback when the discussions and topic about Koilon was taken-up because from there, it broadened my perspective on my further study of Occult Science. Then, a much deeper study about Karma and Reincarnation and about dreams.

The most significant part for me about the convention was when we had a time for ourselves to be in silence and to reflect, and afterwards share our thoughts on that experience.

Truly, the time I had with the new friends I made was astounding! The learnings that were shared, awe-inspiring! The experience, sensational!

#### Rocco Farace

Switzerland

The WFYT experience at the Bhowali Himalayan Centre was truly unique. As a neophyte to the theosophical world, it was the first time I had the



opportunity to meet the international community with whom I could share thoughts and understandings. I met good-hearted and open-minded people in a place that welcomed us with genuine spartanity, but provided everything we needed. We were all there for common study and development, and this was perfectly

facilitated by Shikhar Agnihotri, who guided us, with a humble spirit and strong knowledge, on a profound journey into the fundamentals, always maintaining an open and direct approach. I really felt guided and at the same time involved in these lectures, feeling among equals.



#### Chaitra GN

India

I attended a youth gathering in Bhowali at the Theosophical Society Himalayan Study Center. There were young people from different countries.

The classes covered the fundamentals of Theosophical Society, planes and bodies, incarnation, life after death, and karma dharma. I was accompanied by my 3-anda-half-year-old kid. I felt at home as I had no worries, just listened to the classes; even my son felt comfortable and didn't miss home. The event was well-organized. My main reason for coming was because of the Himalayan center. I was curious and excited about the place; I didn't want to go anywhere else. I learned many concepts, although they were not easy to understand. However, I had a mind-blowing realization regarding knowledge from Shikar and others who were present. Each one of them seemed very unique and interesting. I felt the difference compared to attending other youth gatherings. I felt a safe space and a sense of family with them, without any judgments. Everyone could understand each other as humans without judgments. I loved the activities and learnings after the classes, like tarot reading and the short movie 'The Egg.' I was so inspired that I shared it with many, and many were moved by the concept. Honestly, it was holistic, peaceful, and soulful days. My son showed some changes in his activities that I hadn't noticed before; he drove beautifully and had a good companion kid too. He was given the opportunity to draw and have his own time while everyone else was in silence. He observed people around him and learned new things. The blessing meditation was very effective. Overall, I am thankful to the organizers for making it such a useful and impactful day, from lessons to meditation to silence.

#### Tobia Buscaglione

Italy

Sometimes it happens to make hasty decisions, to throw a thought out into the universe and gather all the synchronicities that make it possible, to be



guided by a feeling, to access our own experiences and understand that they led us exactly there to live that moment of sharing, friendship, discovery.

Sometimes even dreams guide us in that direction, even many years before, and we do not realize it until that image and the sensations it causes are realized in front of our eyes instead of behind them.

We unmask the illusion of time as brothers and sisters who recognize and find each other by looking into each other's eyes, we use the power of silence to get to know ourself and put to use the teachings life gives us, we contemplate energy, we create subtle threads that bind us and we write on leaves what has to remain before we give it away to the wind.

The rain brings us freshness and inspires that fire that cannot be estinguished, the flame in our hearts, alive and sincere, cordial and joyful. Then we continue on our path knowing that we are together anyway, believing that we can be anything we want, reminding ourselves like in that old-time movie that "the saddest thing in life is wasted talent".

#### Yazmín Salazar Ortiz

Mexico

The meeting in Bhowali made me reaffirm that those of us who are on this path of Theosophical study, are characterized not only by being people who are



working against ignorance, but in every moment we put into practice what we have learned, performing the service of empathy, love, friendship, etc., so I not only took with me theosophical knowledge. I took with me friends and a feeling of being in the right place. The practice of silence was the most important

for me as it made me connect with the energy of such a wonderful place and reflect on the teachings of the meeting.

The practice of meditation in the morning, filled me with peace and energy to start the day, it is something I will take with me to put into practice. Thanks to the organizers, and although it will be my first and last meeting, I take with me a wonderful experience.



#### Yogananda K

India

The serene hills of Bhowali cradled our souls as we embarked on a transformative journey during the spiritual retreat. Nestled amidst lush

greenery, the retreat center became our sanctuary—a place where time slowed down, and our hearts opened.

Shikhar's deep knowledge and clear explanations of the rituals added a layer of understanding and connection to the practices. The Gayatri Mantra, with its profound meanings and vibrations, resonated deeply within me, leaving me with a sense of purity and clarity. Even now, months after the retreat, the memories of those mornings bring me a sense of calm and positivity.

From sunrise meditation sessions to moonlit discussions, every moment was infused with wisdom and connection. The gentle rustling of leaves whispered ancient secrets, and the scent of incense lingered in the air. We sat in circles, sharing stories of our inner struggles and victories.

The morning yoga classes were like sun salutations to our spirits. The fellow seekers, guided us through pranayama, reminding us that breath is the bridge between the physical and the divine.

In the evenings, we gathered around the Restaurant. Chants echoed—a symphony of souls seeking truth. We laughed, and releasing layers of conditioning. The stars above seemed to nod in approval.

The silent day I already used to practice when I was alone... But in Bhowali the initial hours were the

hardest as my mind constantly wandered, and I felt a strong urge to check my phone or to talk to someone... I failed... But I saw people spending time in silence doing activities, meditate, practice yoga, reading books and in Bhojanashala where we use to communicate with our fellow theosophist. This was the first time I gave full attention to my food without using mobile or talking to anyone.

Walking with fellow theosophists around the nearby shops and engaging in meaningful conversations deepened our connections. Then taking a cab short trip to Nainital from Bhowali was another highlight. We walked part of the way, soaking in the scenic beauty and enjoying each other's company, to visit the Naina Devi Temple. The temple visit was spiritually uplifting, and our dinner afterward was filled with laughter and camaraderie. These moments created lasting bonds and cherished memories that I still carry with me.

And then there was the closing ceremony. Our hearts overflowed with gratitude.

As we hugged goodbye, emotions flowed freely. We knew we were forever connected, bound by the threads of shared experiences. Bhowali had etched itself into our souls, and we left lighter, wiser, and more attuned.

To the retreat organizers, and fellow seekers: Thank you for this pilgrimage of the heart. May the echoes of Bhowali continue to resonate within us, guiding us on our paths. With love and reverence.

#### Francis Lim

Singapore

I often reminisce my past trips to India for its rich culture and very friendly people. Then of course specifically for the Youth Gathering back in June



2024. We made it to the Himalayan Study Centre after 6 hours train ride from Delhi and 1.5 hours car ride, which interestingly was not boring at all! Why so you may ask... it's the people who we travel with, and the people and vendor travelling along side us in the cabin.

As always, there is always a strange sense of familiarity to all the youth members that we meet from all over the world. A 'safe space', will be the best way to describe the vibe of the gathering, interestingly safer than in our lodges. Perhaps it was because everyone is roughly in the same age range, much relatable as we went and are still going through the similar struggles or victories of Karma. There is much emotional support and encouragement to face those memories such as "It happened to me just like that and I have no idea what to do about it", rather than someone saying "back in my younger days, you just sucked it up". Then we of course are still spirits having a human experience.

We absolutely enjoyed tasty Northern Indian dishes and visiting breath taking locations around the mountains. Not just the locations, but with 30 other beautiful souls. It was really fun and unforgettable. Will I be going for the next one? A THOUSAND TIMES YES.



Catalina Isaza Cantor

Colombia/Advar

When reality surpasses fantasy: on Bhowali 2024

Whenever I heard the word Himalayas, I felt that there is a special force, energy, linked to the place

and that paying a visit there or a nearby place where that majestic energy can be felt was one of the things I would love to do in this life time. Once upon some weeks ago, the desire that my soul harboured became a reality and, as it usually happens to me, reality surpassed fantasy. Being at Bhowali gave me the opportunity to experience gratitude, self-enquiry, beauty, peace and expansion in the midst of an atmosphere of camaraderie and kinship among an amazing group of 26 souls from 11 different countries. We had the opportunity to approach the Fundamentals of Theosophy through different activities that made us go in depth into this subject, reminding us the fundamental unity of our life and how there are so many things that are invisible to our eyes but have a big impact in our own destiny and hence humanity's destiny. During 6 continuous days, we could look anew to each other's faces at every opportunity, and authentically expressing and sharing. That time and experiences brought to my life a feeling of having a golden door opening itself full of possibilities. Thanks to each one of you, kindred souls, because your cheerful presence and the unique qualities of each one made our gathering perfect and special. All the facilitators inspired us in many ways. Thanks to Shikhar for getting in this boat with us and share his insights with us. Thanks to Sara for being a buddy in this path, in this team. As always, it has been a joy to work with a great team organizing this gathering. I'll miss organizing the upcoming gatherings and I treasure all the love and opportunities to work and share together whenever they come. I am also grateful to our dear Bro. Arni Narendran, from Mumbai, who presented all of us with an issue of the Sinergy Magazine whose latest issue was dedicated to the Centenary of the WFYT, that took place oi 2023. I am full of gratitude to all the silent workers of Bhowali Centre whose constant dedication and presence made all possible. I am grateful to life for having such lovely theosophical siblings. Let's keep all the learning, insights, opportunities to serve and grow, love and connections as a living flame in our lives.

#### Sara Ortega

Spain/Adyar

One more year, and again it was possible to organize and attend this gathering with old and new friends. This is always special. Meeting beautiful souls



with a common quest for truth in relatable ways warms and opens the heart and mind. Having children around also makes everything so much fun and lively! I am deeply grateful to everyone for their contributions, sharings, and for shining through their inner Light selflessly. This takes courage and self-awareness - a lifelong journey to master self-knowledge in relationship with others. I feel honored and gifted for having found so many friends here - even if sometimes not exchanging a lot of conversation, there is this sense of mutual understanding, connection and wellness difficult to describe, and which remains.



Yuna Oliveira Isaza Adyar

Dearest Yuna attended the gathering accompanying their parents, and wrote an acrostic to share with all as her testimonial.



## Testimonial from special guest

#### Shikhar Agnihotri

International lecturer for TS Adyar, India

Gathering in the cold mountainous region of Bhowali (Uttarakhand, India) in the peak of the summer season with its



spiritually charged atmosphere was the perfect place to meet-study-discuss, with fellow theosophists around the world, the theosophical content based on a very profound yet practical theme – The flame of theosophy – Revisiting the Fundamentals.

The whole stay included talks, Q&A, discussion, workshops, puja, symposium, excursion and a lot of informal multilogues among the delegates which often turned towards the significance of spirituality in daily life. Everyone had a journey to share, a story to tell and each one of them equally interesting and unique.

For me, as a facilitator, it was kind of a challenge to share the things related to the theme in a way that it strikes chord with everyone, irrespective of age. But all my concern was put to rest because all the young (only in the body) delegates that attended, came with an open mind, eager intellect and above all with a sense of being a family which makes everything very simple and then the real learning starts, as it was for me while preparing for this gathering.

I thank again WFYT for giving me this opportunity to share with the young theosophists and thanks to all the participants and wishing them the best in all their noble endeavours.

## Photo Gallery





On the journey to Bhowali, after reaching India.....







The seminar sessions by Shikhar were engaging



















Young theosophists speaking on applied Theosophy



Casual dialogues on the verandah

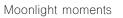




Time to play!









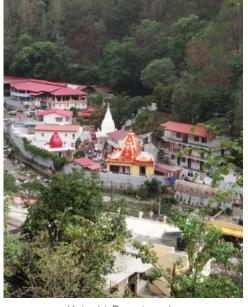
Circle gathering to share impressions after silence day





Silence day...







Lunch break in Aurobindo ashram

Temple of bells

Kainchi Dam temple

















